

Physical Education (K-12)
NC Wesleyan College
(for plans of study written after July 1, 2010)

| Competency | | Course Prefix & Number | Course Title | Course Offerings |
|--|--|-----------------------------------|------------------------------------|-------------------------|
| Two to three semester hours are required to fulfill each of the following competencies unless otherwise noted. | | | | |
| B | Kinesiology, Fundamental Motor Skills & Movement Forms | EXS 318 | Kinesiology and Biomechanics (3) | |
| C | Anatomy or Physiology | BIO 231 OR | Anatomy and Physiology I (4) OR | |
| | | BIO 232 | Anatomy and Physiology II (4) | |
| D | Fitness, Nutrition, & Obesity Prevention | EXS 315 | Nutrition and Human Performance | |

Posted: 6-11-13

Revised: Spring 2013

Course Offering Codes:

F=Fall, S=Spring, SS=Summer Session, UD=Upon Demand
e=even years, o=odd years, ^=online

Course typically offered **on campus** if shaded.

Notes:

- These are typical course offering schedules. Courses are not guaranteed to be offered at these times.
- Please check with the college/university for course availability each semester.
- Some courses require prerequisites be met prior to registration. An asterisk (*) denotes a prerequisite course.
- For more information from this institution, click here, www.ncwc.edu